

MODULE 3

COCONUT FLOUR NOODLES

Ingredients:

- 1 Kg Soft flour
- ½ Kg Coconut flour
- ½ cup coconut oil
- 1 tbsp iodized salt
- 3 tbsp white sugar
- 3 tbsp lye solution
- 1 ½ cups cold water
- 3 pcs large egg



- a) Preparing the coconut noodles
- b) Weighing the ingredients for making dough: coconut flour, soft flour, egg, salt, lye solution, coconut oil, and water
- c) Mixing the ingredients
- d) Kneading and forming the mixture into dough
- e) Flattening the dough
- f) Slicing of dough using noodle cutter
- g) Partial deep-frying of noodles in cooking oil for 10 seconds at 175°C
- h) Draining and cooling down of noodles
- n. Packaging and labelling of coconut noodles